



SOS Outreach COVID Policies and Procedures:

The below policies and procedures effective until December 31, 2020. Policies will be revisited on a monthly basis beginning in January, 2021.

Activities may include:

- Traditional SOS programs (Registration, Ride Days and Workshops)
- Existing partner facilitated programs
- Service projects with existing partners
- Mentor group meet ups
- Alternate outdoor activities and meetups. (Snowshoeing/hiking, yoga, teambuilding, park gatherings, etc.)
- Activities that need approval from the Program Director before scheduling:
 - Water/swimming based activities (anything beyond wading/splashing at a beach/creek)
 - Any new partnerships: service and alternate outdoor activities
 - Bike based activities (unless with an existing partner)
 - Rock climbing or ropes course activities

SOS Outreach activities and gatherings will be conducted under the following policies and procedures. In the event that these policies and procedures can not be met, every effort will be made to provide a comparable virtual experience.

In order to run an SOS program activity it must meet the following criteria:

- Comply with local stay at home orders/recommendations
- Comply with local group size and other public health recommendations
- Activity occurs predominantly outdoors
- Activity location complies with local permitting rules and regulations
- Staff to student ratio is considered based on activity type
- SOS COVID Policies and Procedures can be and are followed (detail below)
- Physical distancing is constantly maintained (6ft)
- All staff and participants wear masks
 - Participants will be asked to bring a mask, but SOS will bring supplemental masks in the event that someone doesn't have one.
 - Masks should be medical grade or be a double layered cloth. Neck gaiters/buffs can be folded in half if long enough, or two can be worn to meet this requirement.
 - When appropriate, gloves and goggles should be worn and will be required in the lift line and on the chairlift for ride days.
- Hand sanitizer and/or the ability to wash hands must be provided.
- Shared touch-items should not be used unless they can be sanitized between each user.
- All activities must take place in a front-country setting. (within 1 hour of definitive medical care)
- SOS will not provide community meals.
 - Individually packaged meals and snacks are okay (burritos, sandwiches, boxed lunches, fruit, bars, etc.) with hand washing/sanitizing before and after handling.
 - Water should be made available when the activity dictates it - hands should be washed/sanitized before handling a water jug/faucet
 - Food can be purchased directly from a food service provider (cafeteria, restaurant, etc.)
- SOS will not provide transportation to program days.
 - The decision to carpool should be left to the discretion of families.
 - SOS will defer to school and agency partners for transportation policies.
- When working with a community partner:
 - Partner has a daily health screening procedure in place for staff and participants.

- ❑ Partner has screening, waiver, and risk management plans both directly and indirectly related to COVID-19
- ❑ Partner's COVID-19 Policies and Procedures align with SOS' so that,
- ❑ SOS COVID-19 Policies and Procedures are followed.
- ❑ Gloves are provided if shared tools will be used (service projects)

COVID-19 Policies and Procedures: Detail

"Participants" are defined as youth, mentors, and staff:

Program Arrival and Pick-Up:

- SOS Staff will have a check-in procedure. All participants will have their temperature taken and affirmation of a lack of COVID and flu symptoms recorded upon arrival.
 - Symptoms include: fever, headache, loss of smell, loss of taste, rash, difficulty breathing, mucus or any other symptom that suggests that they may have COVID-19, flu, stomach flu or any infectious illness.
- Parents are requested to stay nearby until they have received verbal communication from an SOS Adult that their child(ren) can participate for the day.
- Anyone with a temperature of 99F or higher will be asked to return home or to their parents.
- All participants will be required to sanitize hands upon check-in and when transitioning between indoors and outdoors.
- Due to resort restrictions on indoor storage, participants are asked to come dressed and ready to go, including wearing their boots. Bringing a small backpack that can be carried all day is encouraged.
- SOS will provide designated pick up locations for parents and/or mentors will coordinate individual pickup locations with parents.
- An SOS Adult must see each parent/guardian before releasing a child, unless other arrangements have been confirmed with SOS Staff/mentors.

Equipment, Food, and Belongings:

- All participants must bring and wear either a medical grade or a double layer, cloth, facemask to SOS Programs. (Neck gaiters/buffs can be folded in half if long enough, or two can be worn to meet this requirement.) When the activity dictates, participants must also bring gloves and goggles.
- Parents are requested to apply sunscreen to their child(ren) prior to arrival at SOS outdoor activities.
 - When SOS provides sunscreen a designated SOS adult will distribute sunscreen with gloved hands. (No passing around sunscreen bottles.)
- If a participant chooses to bring food from home, please only bring food in disposable wrappers which will be thrown away after use.
- Meals/snacks will be eaten outdoors whenever possible, and only with their group.
- SOS Outreach may provide supplemental snacks.

Clothing and Gear

- All borrowed gear will be quarantined for a minimum of 72 hours before being handled by staff.
- Where possible, gear will be additionally sanitized before distribution.

Groups and Staffing:

- Youth will be in groups of 4-5 youth and mentors (mentor program). Or in small groups dictated by regional ski schools (Learn to Ride). Group size will never exceed local health departments/county guidance.
- Interaction between groups will be limited as much as possible.

Group Behaviors, Activities and Programming:

- All activities will take place predominantly outdoors.
- All participants must bring a medical grade or a double layer, cloth, facemask to SOS Programs. (Neck gaiters/buffs can be folded in half if long enough, or two can be worn to meet this requirement.)
- Participants will be expected to wear their facemask while indoors.
- Participants will be required to wear facemask, gloves, and goggles in lift lines and on the lift.
- Participants will be expected to keep their hands to themselves and respect social distancing. Any participant found to be disrespecting or purposefully breaking those boundaries will be asked to leave the program day and will have to agree to a behavior contract prior to return.
- Participants will be provided with the ability to stay a 6ft distance from other members while on SOS programs.
- Bathroom use will be limited to one at a time or as resorts dictate. Hand washing/sanitizing is to occur before and after.

Communications:

- Youth will NOT be permitted to use mentors or staff phones
- Any required calls home will be made by staff or mentors only
- Parents should ensure that a youth missing a program day is communicated ahead of time to SOS staff.
- If a participant or family needs to communicate with a staff member, please phone or email SOS staff before arriving in person.

Cleaning/Sanitation:

- Sanitizing wipes will be available to mentor groups to wipe down tables and chairs during breaks.
- Participants will be asked to wash/sanitize their hands when transitioning from indoors to outdoors.
- Hand sanitizer will be provided for each mentor/lesson group.

Illnesses/injuries:

- If a participant has an autoimmune disease or is at a greater risk to COVID-19 or complications arising from the virus, it is vitally important that you share that information immediately with SOS Staff.
- If participants have a fever, headache, loss of smell, loss of taste, rash, difficulty breathing, mucus or any other symptom that suggests that they may have COVID-19, flu, stomach flu or any infectious illness, they MUST be kept home until they have been symptom free, without medicinal aid, for 72 hours. We also highly recommend that you call your local hospital or health authority.
- If participants develop fever, headache, loss of smell, loss of taste, rash, difficulty breathing, mucus or any other symptom that suggests that they may have COVID-19, flu, stomach flu or any infectious illness, they will be placed in isolation and a parent will be requested to pick them up immediately (or adults will be asked to leave). We then request that you call your local hospital or health authority and report back what directions they give you.
- If anyone in your household has a fever, headache, loss of smell, loss of taste, rash, difficulty breathing, mucus or any other symptom that suggests that they may have COVID-19, flu, stomach flu or any infectious illness, please keep your child(ren) at home until they have been symptom free, without medicinal aid, for 72 hours. We also highly recommend that you call your hospital or local health authority.
- If anyone in your household is COVID-19 positive, all members of the household are effectively placed in quarantine and your child(ren) MUST NOT attend SOS Programs until you have been released from quarantine by the Public Health Department.

- If a participant has a fever lasting over 24 hours, we request that you undertake a COVID-19 test and obtain a negative result before returning to SOS Programs.
- Typical minor first aid will be provided by SOS/Ski Patrol, but to adhere to social distancing, participants may be asked to apply their own band aids, wash their own scrapes etc.
- If a participant comes down with a fever while not at SOS Programs, please still inform us immediately so that we may monitor their group and staff.
- Should we have an employee or participant test positive for COVID-19 or come in close contact with someone who has tested positive, the following protocol will go into effect immediately:
 - Exposed employees and participants will be notified without disclosing the identity of the person who has tested positive for COVID-19.
 - SOS Will report the exposure in alignment with local health ordinances.
 - Employees will be required to work from home and advised to self-isolate based on the guidance of the CDC or their healthcare professional.
 - The Office Coordinator and/or Program Director will communicate with all affected employees to determine when it's safe to return to work and/or programs.
- SOS reserves the right to suspend programs to monitor for additional cases.

Travel:

- For the sake of our participants and community, participants attending SOS Programs are respectfully asked to limit their travel and exposure.
- If your family is taking a vacation, or is receiving visitors from outside the local area, we ask that you take all precautions necessary to avoid infection.
- In many SOS locations, a vacation outside of the region requires a 14 day quarantine or a negative COVID test before re-entering the local community. We ask that those participating in SOS programs adhere to this same guidance before attending SOS Programs.

Program Suspension:

- SOS Outreach reserves the right to suspend in-person programming at any time over the course of the 2020-21 season. Instances that could lead to a closure are: reinstatement of a County stay-at-home order, a spike in COVID-19 cases in a region, or the belief that we have an outbreak among our participants.

Local Health Information by Region:

Location	Local Hospital(s)/COVID-19 Hotline	County COVID-19 Guidelines
Eagle County, CO	https://www.eaglecounty.us/publichealth/ https://www.vailhealth.org/ https://www.vailhealth.org/locations/eagle https://www.vvh.org/ Coloradans can call 211, visit 211Colorado.org or text 898-211 to be connected with information and resources about COVID-19	Transition Trail Map: https://docs.google.com/document/d/1sw1M_zaNrAVegpdBkxaq5qpRsoObh8nAi4QfoZBuY/preview Public Health Order: https://www.eaglecounty.us/PublicHealth/Documents/Public_Health_Order/ Updates: https://www.ecemergency.org/ Guidance for Programs: https://docs.google.com/document/d/1awbJeZtNWxOg6A-gG2pVdPXzvmAvL3B9qAl4Sj07bYg/comment

Denver, CO	<p>Hospital & ERs in North Denver North Suburban</p> <p>https://www.centura.org/locations/st-anthony-hospital</p>	<p>https://www.tchd.org/818/Coronavirus-COVID-19</p> <p>https://www.jeffco.us/3999/Coronavirus-Disease-2019-COVID-19</p>
Park City, CO	<p>Park City Hospital: https://intermountainhealthcare.org/locations/park-city-hospital/</p> <p>Coloradans can call 211, visit 211Colorado.org or text 898-211 to be connected with information and resources about COVID-19</p>	<p>https://summitcountyhealth.org/coronavirus/</p>
Summit County, CO	<p>Summit Medical Center</p> <p>https://www.summitcountyco.gov/1324/Testing</p> <p>St. Anthony Medical Center / Centura Health: 970-668-5584</p> <p>https://www.summitcountyco.gov/1324/Testing</p> <p>Coloradans can call 211, visit 211Colorado.org or text 898-211 to be connected with information and resources about COVID-19</p>	<p>Summit County Gov Public Information Line: 970-668-9730</p> <p>Local County Updates / Emergency Blog: https://summitcountyco.gov/emergencyblog</p> <p>Colorado: https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus, information hotline for all Coloradans: 303-389-1687</p>
North Lake Tahoe, CA	<p>Tahoe Forest Health Hospital Truckee- https://www.tfhd.com/</p> <p>Incline Village Community Hospital- https://www.tfhd.com/ivch/ivch</p> <p>Nevada County Public Health: (833) 342-5211</p> <p>Placer County Public Health: (530) 886-5310</p> <p>Washoe County Public Health: (775) 328-2427</p>	<p>Placer County- https://www.placer.ca.gov/reopen/guidance</p> <p>Washoe County- https://www.washoecounty.us/health/programs-and-services/environmental-health/covid-19-guidance/index.php</p> <p>Nevada County- https://www.mynevadacounty.com/2924/Coronavirus</p>
South Lake Tahoe, CA	<p>South Lake, Barton Health Hospital: https://www.bartonhealth.org/tahoe/home.aspx</p> <p>El Dorado County Public Health: Dial 211 on your phone</p>	<p>El Dorado County https://edcgov.us/Government/hhsa/Pages/EDCCOVID-19-Guidance.aspx</p> <p>Douglas County- https://www.douglascountyhealth.com/covid-19</p>

